

## *Topic: Stand Firm in the Lord (靠主站立得穩)*

*Scripture Reading:* Philippians 4:1; :4-:13

<sup>1</sup>Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends! <sup>4</sup>Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup>Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup>Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you. <sup>10</sup>I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. <sup>11</sup>I am not saying this because I am in need, for I have learned to be content whatever the circumstances. <sup>12</sup>I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup>I can do all this through him who gives me strength.

*Scripture Verse Memorization:* Philippians 4:13 I can do all this through him who gives me strength.

Suggested hymns (one of the following two) in response:

*Hymn in Response:* Be Strong in the Lord

[https://www.google.com.tw/search?q=be+strong+in+the+lord&sxsrf=AJOqlzV7uyEOnIKUmUaVNnq9alwvyR4FPg%3A1676019011510&source=hp&ei=QwXmY5veHJCQhwO4qr\\_4DQ&iflsig=AK50M\\_UAAAAAY-YTU2g5x27JcPk8qQ8BNxvqq2eSjR\\_h&oq=be+strong+i&gs\\_lcp=Cgdnd3Mtd2l6EAEYADIECCMQJzIICAAQgAQYwEyCAguEIAEEMsBMggIABCABBDLATIICAAQgAQYwEyCAgAEIAEEMsBMggIABCABBDLATIICAAQgAQYwEyCAgAEIAEEMsBMggIABCABBDLAToHCCMQ6gIQJzoKCC4QxwEQrweQJzoLCC4QgAQQsQMqgwE6CwgAEIAEELEDEIMBOggIABCxAXCDAToICC4QgAQQsQM6EQguEIAEELEDEIMBEMcBENEDoggIABCABBCxAzoFCAAQgAQ6CAguEIAEENQCOgUilhCABFDXB1ihJGCpPWgBcAB4AIABYIgBvwWSAQIxMZgBAKABAbABCg&scient=gws-wiz#fpstate=ive&vld=cid:c4b079e4,vid:pcC-auSu\\_xo](https://www.google.com.tw/search?q=be+strong+in+the+lord&sxsrf=AJOqlzV7uyEOnIKUmUaVNnq9alwvyR4FPg%3A1676019011510&source=hp&ei=QwXmY5veHJCQhwO4qr_4DQ&iflsig=AK50M_UAAAAAY-YTU2g5x27JcPk8qQ8BNxvqq2eSjR_h&oq=be+strong+i&gs_lcp=Cgdnd3Mtd2l6EAEYADIECCMQJzIICAAQgAQYwEyCAguEIAEEMsBMggIABCABBDLATIICAAQgAQYwEyCAgAEIAEEMsBMggIABCABBDLATIICAAQgAQYwEyCAgAEIAEEMsBMggIABCABBDLAToHCCMQ6gIQJzoKCC4QxwEQrweQJzoLCC4QgAQQsQMqgwE6CwgAEIAEELEDEIMBOggIABCxAXCDAToICC4QgAQQsQM6EQguEIAEELEDEIMBEMcBENEDoggIABCABBCxAzoFCAAQgAQ6CAguEIAEENQCOgUilhCABFDXB1ihJGCpPWgBcAB4AIABYIgBvwWSAQIxMZgBAKABAbABCg&scient=gws-wiz#fpstate=ive&vld=cid:c4b079e4,vid:pcC-auSu_xo)

God Will Take Care of You

<https://www.youtube.com/watch?v=u4Ez8m2ozf4&list=RDGMEMpBTPDS4vUcNkxDpMWGK7rw&index=21>

**Note:** If it takes too much effort to practice, then forget the above two hymns; use the one which the choir group selects.